



Southern Destinations: Legal Rest Periods

For your convenience, you may reference the chart below for clarification on the stipulated legal rest periods for each destination listed.

Note: For bidding and blocking purposes only, an additional hour must be added to the times indicated below as a buffer:

- 10 hours legal rest period + 1 hour is **11 hours**
- 24 hours legal rest period + 1 hour is **25 hours**

DOMESTIC		OVERSEAS	
Block holder: 10 hours		On reserve: 12 hours	
		All Block holders: 24 hours	
City Code	City Name	City Code	City Name
BDA	Bermuda	ANU	Antigua, Antigua and Barbuda
CCC	Cayo Coco, Cuba	AUA	Aruba
CUN	Cancun, Mexico	AZS	Samaná, Dominican Republic
CYO	Cayo Largo, Cuba	BGI	Bridgetown, Barbados
CZM	Cozumel, Mexico	BOG	Bogota, Colombia
GCM	Grand Cayman, Cayman Islands	CCS	Caracas, Venezuela
GGT	George Town, Great Exuma, Bahamas	CUR	Curacao
HAV	Havana, Cuba	FDJ	Fort-de-France, Martinique
HOG	Holguin, Cuba	GND	Grenada
HUX	Huatulco, Mexico	HNL	Honolulu, Hawaii
KIN	Kingston, Jamaica	KOA	Kona, Hawaii
LIR	Liberia, Costa Rica	LRM	La Romana, Dominican Republic
MBJ	Montego Bay, Jamaica	OGG	Maui, Hawaii
MCO	Orlando, Florida	PAP	Port-au-Prince, Haiti
MEX	Mexico City, Mexico	PLS	Providenciales, Turks and Caicos
NAS	Nassau, Bahamas	POP	Puerto Plata, Dominican Republic
PBI	West Palm Beach, Florida	PTP	Pointe-à-Pitre, Guadeloupe
PVR	Puerto Vallarta, Mexico	PUJ	Punta Cana, Dominican Republic
RSW	Fort Myers, Florida	SJU	San Juan, Puerto Rico
SJD	San Jose del Cabo, Mexico	SKB	Basseterre, St. Kitts and Nevis
SJO	San José, Costa Rica	STT	St. Thomas, Virgin Islands
SNU	Santa Clara, Cuba	SXM	St. Maarten
VRA	Varadero, Cuba	UVF	St. Lucia, Saint Lucia
ZIH	Ixtapa, Mexico		